

The Chapel Family Bible Reading Program – May 28 – June 2nd
Doing Life Together – Threads of Thrive – Take a Thought

MONDAY:

KEY VERSE: Romans 12:2

OBSERVATION: God calls us to change sinful behavior that does not honor and please Him. Instead of focusing on your outward behavior, work on disciplining your mind - from which the behaviors stem. Allow God to transform you by the renewing of your mind.

TUESDAY:

KEY VERSE: Matthew 7:7

OBSERVATION: When you experience difficult challenges, you can react to them and think yourself into despair every time. Or you can look forward to the next opportunity and ask yourself what you learned from this failure. Is your first thought I'll never do anything right? You don't have to get trapped by disabling thoughts. You are capable of getting out of your shame, despair, hopelessness, and anger - by taking control of your thoughts.

WEDNESDAY:

KEY VERSE: Romans 12:21

OBSERVATION: Paul urges us to "take captive every thought to make it obedient to Christ" (Rom. 12:21). Confront your disabling thoughts. Turn them over to God and become who He sees you can be. It will take work to take your thoughts captive each time they pop into your mind. But it is possible with the help of the Holy Spirit.

THURSDAY:

KEY VERSE: Philippians 4:8

OBSERVATION: We are to think about those things that are "true, noble, right, pure, lovely, and admirable" (Phil. 4:8). When we think on those things, God promises to give us His peace. What a contrast that is to the thoughts of millions of people today. Don't look to a movie, TV show, or how-to formula to accomplish this for you. It takes personal discipline and commitment.

FRIDAY:

KEY VERSE: Philippians 4:8

OBSERVATION: It is not easy to retrain your thoughts or to respond in new Christ-like ways. Take heart: as God empowers you to focus your mind on the right things, it will become easier. You can develop a new frame of reference, based on what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy.

SATURDAY:

KEY VERSE: 2 Corinthians 10:5

OBSERVATION: Without question, there are many human thoughts that need to be taken captive. Numerous ungodly philosophies hold people in bondage, and those spiritual "fortresses" need to be demolished. Many people are held captive by the idea that they are the products of chance in a godless universe? How many spiritual prisoners labor under the requirements of religion and await freedom in Christ? We must take captive every thought and make it obedient to Christ. "If the Son sets you free, you will be free indeed"