

**THE CHAPEL FAMILY BIBLE READING PROGRAM – NOVEMBER 16-22**  
**“FEELING GRATITUDE AND NOT EXPRESSING IT IS LIKE WRAPPING A PRESENT AND NOT GIVING IT”.**  
**WILLIAM ARTHUR WARD**

**MONDAY:** I Thessalonians 5:16-18; Ephesians 5:18-21

**KEY VERSE:** I Thessalonians 5:18

**OBSERVATION:** *“Gratitude makes sense of our past, brings peace for today and creates vision for tomorrow.”*

Melody Beatrice. Did you notice that I Thessalonians tells us to give things **IN** everything not **FOR** everything. What is the difference? Can giving thanks “in” things be a pre-determined decision or is it always a response to the circumstance you face? Explain.

**TUESDAY:** Psalm 105:1; Psalm 106:1; Psalm 107:1-2a

**KEY VERSE:** Psalm 107:1-2a

**OBSERVATION:** *“The Pilgrims made seven times more graves than huts. No Americans have been more impoverished than those who, nevertheless, set aside a day of Thanksgiving.”* H.U. Westermayer. Why is it

important to give thanks to God even in difficult circumstances or when we you don't understand what and why bad things are happening in your life?

**WEDNESDAY:** Philippians 4:4-9; Matthew 5:11-12

**KEY VERSE:** Philippians 4:6

**OBSERVATION:** *“Some people are always grumbling because roses have thorns; I am thankful that thorns have roses.”* Alphonse Kerr. *“God gave you a gift of 86,400 seconds today. Have you used one to say Thank You?”*

William Ward. Make a list of three ways you will become more thankful than you already are. Make a list of three ways you will become less pessimistic than you are. Select a date when you will begin this process.

**THURSDAY:** Romans 1:18-23; Colossians 3:15-17

**KEY VERSE:** Colossians 3:17

**OBSERVATION:** *“God has two dwellings; one in heaven, and the other in a meek and thankful heart.”* Izaak

Walton. *“The hardest arithmetic to master is that which enables us to count our blessings.”* Eric Hoffer. Make a list of 5 things that you are thankful for. Make a list of 5 things you struggle with being thankful for. How might you improve on the second list?

**FRIDAY:** Psalm 118:1-21

**KEY VERSE:** Psalm 118:1

**OBSERVATION:** *“I give all glory to God. It's kind of a win-win situation. The glory goes up to Him and the*

*blessings fall down on me.”* Gabby Douglas. Make a list of three things you will do to improve being more thankful than you already are. Make a list of three things in your life that make it difficult for you to be thankful.

**SATURDAY:** Ephesians 5:15-21; Psalm 100:1-5

**KEY VERSE:** Ephesians 5:20

**OBSERVATION:** *“We are in a wrong state of mind if we are not in a thankful state of mind.”* Charles Spurgeon.

*“If the only prayer we said was thank you, that would be enough.”* Meister Eckhart. Make a list of 7 things you will be thankful for during the next 7 days...A different choice for each day.