

THE CHAPEL FAMILY BIBLE READING PROGRAM – OCTOBER 19-24
“HAPPY MOMENTS, PRAISE GOD. DIFFICULT MOMENTS, SEEK GOD.
PAINFUL MOMENTS, TRUST GOD. EVERY MOMENT, THANK GOD.”

MONDAY: I Peter 2:2; Psalm 19:7-11; Matthew 4:4-10; Psalm 119:11

KEY VERSE: Psalm 19:7

OBSERVATION: *“Faith is not believing that God can, it is knowing that God will.”* This week we will be considering a **“Spiritual Fitness Plan”** to help us keep in good spiritual shape. **STEP 1: READ THE WORD OF GOD.** (*Bible*). The reading of the Bible is how. **a).** We Grow Spiritually. **b).** We Resist Sin **c).** Jesus resisted the devil. **Read the Word of God. a).** Daily. **b)** At least a chapter each day. **c).** Progress to reading the entire Bible each year. **d)** Read *devotionally*, meditating on what you read.

TUESDAY: I John 1:7-10; Philippians 4:6-7; Ephesians 3:14-20; Colossians 4:2-3; Ephesians 6:19-20; James 1:5-8; James 5:13-16.

KEY VERSE: I John 1:9

OBSERVATION: *“It would be a shame to work so hard to be fit for this world and to be unfit for the King.”*

STEP 2: SPEND TIME IN PRAYER DAILY. There is Power in Prayer. Pray fervently. Pray Daily. Pray for Wisdom, Forgiveness, Strength, Opportunity, Boldness, Fruitfulness. Consistent prayer will strengthen your relationship with God,

WEDNESDAY: Hebrews 13:15; Colossians 3:16; Ephesians 5:19-20; James 5:13; Acts 16:25

KEY VERSE: Ephesians 5:19

OBSERVATION: *“What lies behind us and what lies before us are tiny matters compared to what lies in us.”*

Ralph Waldo Emerson. **STEP 3: SING PRAISES...WORSHIP GOD.** Singing praises is foundational to our spiritual well being. Make praising God in song a part of your daily devotional. Either by listening to hymns and praise songs or singing them yourself. Singing enriches our souls and fortifies our relationship with God,

THURSDAY: Ephesians 4:14-16; Hebrews 10:24-25; I Thessalonians 5:11; Hebrews 3:12-14

KEY VERSE: Hebrews 3:13

OBSERVATION: *“Adversity is like a strong wind. It tears away from us all but the things that cannot be torn, so that we see ourselves as we really are.”* Arthur Golden. **STEP 4: FELLOWSHIP WITH OTHER CHRISTIANS.** The church is the body of Christ which is built when each part does its share. Our fellowship is a source of comfort and edification and a way to avoid becoming hardened by the deceitfulness of sin. We should assemble together with Christians every opportunity we can.

FRIDAY: Ephesians 2:8-10; Titus 3:4-5; Ephesians 2:10; Matthew 4:16; Colossians 1:10-11

KEY VERSE: Ephesians 2:10

OBSERVATION: *“No matter where you are in life, God has more in store. He never wants you to stop growing.”*

STEP 5: DO GOOD WORKS. We are not saved by good works but we are created in Christ to do good works. We are to be fruitful and we are not to grow weary in doing good. Good works are essential if we are going to reap spiritual benefits. What good works are you doing for God's kingdom?

SATURDAY: I Timothy 4:7-8

KEY VERSE: I Timothy 4:8

OBSERVATION: Consider the following quotes. *“Being a Christian is more than just an instantaneous conversion – it is a daily process whereby you grow to be more like Christ.”* Billy Graham. *“Love is unselfishly chasing for another's highest good.”* C.S. Lewis. *“To many of us have a Christian vocabulary rather than a Christian experience,”* Charles F. Banning. *“I have a great need for Christ. I have a great Christ for my need.”* Charles Spurgeon.